

First Aid Scenario 2

When you've finished this exercise you'll be asked to act out the scenario to the whole group, and explain what you decide to do and why.



photo credit: www.makeupsfx.co.uk/products/davysil/davysil_images/cut_hand_big.jpg

Scenario:

The group you're working in now is a DofE group on an expedition.

You're 2km from a road / help. There's no mobile phone signal.

A member of your group falls onto some broken glass and cuts their hand. The bleeding is heavy but not massive.

Think about these points:

1. What do you need to find out about the person and their injury before you can decide what to do?
2. What first aid will you give?
3. After 20 minutes the person says they feel cold and dizzy. They're breathing rapidly and you see they're still bleeding.
 - a. What's happened to them?
 - b. How does this change your plan of action?