

First Aid Scenario 1

When you've finished this exercise you'll be asked to act out the scenario to the whole group, and explain what you decide to do and why.



photo credit: <http://forums.liverpoolfc.tv/showthread.php?t=185706>

Scenario:

The group you're working in now is a DofE group on their qualifying expedition.

You're 3 km from the finish on the last day, with rolling farmland and then a wide canal footpath to go. There is a mobile phone signal.

A member of your group stumbles and twists their ankle.

Think about these points:

1. What do you need to find out about the person and their injury before you can decide what to do?
2. What are your options about what to do?
3. How can you help the person and make them more comfortable?